

ChurchLife Monthly

Growing in Grace, Serving in Love



What is in Your Hands?

Sometimes, the simplest questions are the ones that stay with us the longest. They don't arrive with noise or complexity, but quietly sit with us, asking to be thought about a little more deeply. "What is in your hands?" is one of those questions.

There is something deeply personal about that question. It reaches beyond what we possess and into how we see ourselves before God. Often, we focus on what we do not have, what we lack, what we wish were different, what feels too small to matter. But God has a way of drawing our attention back to what is already present, already possible, and already within reach.

What is in your hands may not look impressive. It may be a little strength, a little faith, a quiet gift, a small opportunity, a responsibility, a burden, or even a simple willingness to obey. Yet throughout Scripture, God has shown that He is never limited by the size of what is offered to Him. What seems ordinary in our eyes can become significant when surrendered to His purpose.

As you read through this edition, may this question linger with you in a quiet and meaningful way: What is in your hands? And may it remind you that God is able to do much more with what is yielded to Him than we could ever imagine on our own.

For He Himself has said, "I will never leave you nor forsake you." So we may boldly say: "The LORD is my helper; I will not fear. What can man do to me?" - Hebrews 13:5b-6

In this edition

Edification Corner

Highlights from March's teachings, including the sermon from which this edition's tagline was taken

Spotlight: Sister Florence

A short conversation where our sister shares a little about faith, service, growth, and purpose.

Challenge Zone

A fun mix of riddles, brain teasers, and questions to test your thinking, with prizes to be won!

Edification Corner

Month Overview

In March, we continued our series on **Reflections**, drawn from Philippians 4:8, calling us to dwell on the things that are true, pure, lovely, and worthy of praise. Through each teaching and sermon, we were gently but firmly called back to the essentials of the Christian life: trust in God, the work of the Holy Spirit, the reality of the Gospel, the need for repentance, and the kind of worship and speech that honour God.

What made the month especially rich was how each lesson, though distinct, pointed us toward the same truth: that the Christian life must be lived thoughtfully, sincerely, and with a heart fully yielded to God. Here is a brief look back at what we learned together through the month.

1st March

Teaching: Reflections on The Holy Spirit

Bro. Dare Oyesanya

We began by reflecting on the Holy Spirit, God's active presence in a Christian. He teaches, guides, strengthens, and transforms us, leading us into truth as seen in John 14:17, 26. His work is evident in the fruit we bear, reminding us that the Christian life must be lived under His guidance, not by human strength alone.

Sermon: How Much Do I Trust in God? – Lessons from Hezekiah

2 Chronicles 30–32 | Bro. Taiwo Ibrahim
From Hezekiah's life, we saw what it means to trust God under pressure. Faced with serious threats, he relied on God rather than human strength. His example reminds us that true trust is revealed in difficult moments, calling us to depend fully on God's power and faithfulness.

8th March

Teaching: Reflections on Sin

Bro. Oluwafemi Emmanuel (Min.)

Sin was described as missing the mark, breaking God's law, failing to do good, and violating one's conscience. More than a mistake, sin affects our relationship with God, with others, and even with ourselves. It is not something we define for ourselves, but as God reveals in His word. Yet through Christ, we are reminded that there is forgiveness, freedom, and new life for those who walk in obedience to His truth.

Sermon: Rachel Died

Genesis 35:19–21 | Bro. Oluwafemi Emmanuel (Min.)

This sermon offered a tender but necessary reminder about the reality of loss and the need to keep moving with God. Rachel was deeply loved by Jacob and represented years of sacrifice, and longing, yet after mourning her, Jacob continued his journey. The message was clear: in life, we may lose people, opportunities, dreams, or things we hold dear, but we must not remain permanently trapped in grief. Pain is real, mourning is legitimate, but with God's help, we must still move forward.

15th March

Sermon: The Worship God is Looking For

John 4:23–24 | Bro. James Isaac

This sermon reminded us that God is not merely looking for outward religious activity, but for true worshippers who worship Him in spirit and in truth. Worship is more than the physical activity, it is the sincere offering of a heart fully devoted to God. We were challenged to come before Him with focused minds, attentive hearts, and reverence, remembering that God desires more than our presence; He desires our wholehearted devotion.

22nd March

Teaching: Reflections on the Gospel

Bro. Oluwafemi Emmanuel (Min.)

Our reflections then turned to the Gospel – the good news of salvation through the death, burial, and resurrection of Jesus Christ. We were reminded not only to believe it, but to hold firmly to it and let it shape our daily walk with God.

Sermon: The Sin of Evil Speaking

Ephesians 4:31 | Bro. Nsikak Menim

This sermon warned against evil speaking, a subtle but destructive sin often disguised as honesty or concern. Yet when our words wound, disgrace, divide, or poison hearts, Scripture calls it what it is: sin. We were reminded that careless speech can damage relationships and weaken the unity of the church, while godly speech should bring grace, truth, healing, and restoration.

29th March

Teaching: Reflections on Repentance

Psalms 32:3–5 | Bro. Reagan Onuoha

We reflected on repentance as a sincere turning back to God. Hidden sin brings heaviness, but confession brings mercy and renewal. True repentance leads to a changed life and a restored walk with God.

Sermon: What Is in Your Hands?

Exodus 4:1–5 | Bro. Dare Oyesanya

March closed with a clear reminder that God can use what seems insignificant for great purpose. When God asked Moses, "What is that in your hand?", He showed that what appears common to us can become powerful in His hands. Whether it is our time, gifts, resources, or opportunities, we should not despise what we have, but surrender it fully to God, trusting that He is able to do much with little.

Member Spotlight

Meet the family...



Sis Florence Osunlusi

In this edition, we shine the spotlight on Sis. Florence, a wife, mother, skincare vendor, customer engagement enthusiast, and our lead content creator on the Media Team. In this short chat, she shares a little about her faith, service, and the lessons she's learning along the way.

Q: What shaped your spiritual life most while growing up?

A: A lot of things things really: family devotion, regular church attendance, and even personal challenges. I'd say the difficult seasons helped my faith become more personal, because they pushed me to seek God for myself.

Q: What Bible story has influenced you most as a Christian woman?

A: Definitely Esther. Her courage really speaks to me. She reminds me that God places us where we are for a reason, and sometimes we have to choose purpose over comfort, even when it's not easy.

Q: How can a young sister find her place and stay useful in the church?

A: By showing up and getting involved. Sometimes we wait to "feel ready," but growth often happens while serving. Start where there is a need, even if it seems small. Faithfulness in little things matters.

Q: How have older women or mentors in church helped your growth?

A: Sometimes you learn more by watching than by being told. Seeing women who have stayed faithful through different seasons teaches you how to remain steady, serve sincerely, and keep God first.

Q: How do you balance work, motherhood, and service in church?

A: It can definitely get overwhelming sometimes. But with God's help, proper planning, and a good support system, especially support from one's spouse, it becomes easier to stay grounded and keep going.

Q: What would you love to say to the Egbeda youths, especially the young sisters?

A: You do not have to have everything figured out before God can use you. He is not waiting for a "perfect" version of you, He simply wants your willingness.

Water That Remembers

“ There is a kind of water that does not just touch the skin, it reaches the places words cannot explain.

It remembers every silent tear, every hidden guilt, every version of you that tried... and failed. And yet, it does not accuse. It welcomes.

Because this is not about getting wet, it is about being known, fully, deeply, and still being chosen. Some step into it smiling, some step into it broken, but no one comes out the same.

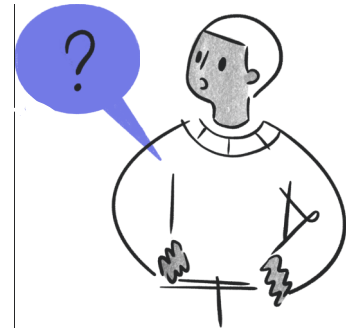
And long after the water dries, something remains, a quiet knowing – "I am not who I used to be"

1 Peter 3:21



CHALLENGE ZONE

- * I kept a leader steady and showed the way. When thrown on the ground, I came alive with a hissing sound.
- * What did Adam and Eve not have that everyone else in history has?
- * I am a book in the Bible where the word "God" is never mentioned.
- * Which book of the Bible ends with a question mark?
- * I killed more people in my death than I did during my entire life.
- * One Gospel writer used the word "immediately" (*euthys*) 41 times to show the urgency of Jesus' ministry. Which Gospel is it?
- * I am the man who lived the longest life recorded in the Bible, yet I died before my father.
- * I was built without the sound of a hammer, an axe, or any iron tool heard at the quarry.
- * I am the only woman in the Bible whose age at death is specifically recorded. Who am I?
- * Out of the eater came something to eat, and out of the strong came something sweet. What is the answer to this riddle?



Think You can solve them all?

Prizes will be awarded to the first 3 people who submit correct answers to all questions. All entries should be posted in the **Church Youth WhatsApp Group from 8:00 PM, Sunday April 12th onward**. Any submission sent before 8:00 PM will not count.

Final Words – Place it in God’s Hands

And so, as we come to the close of this edition, we return to the same question: What is in your hands?

It may be something small, something ordinary, or even something you have almost overlooked. Yet time and again, God reminds us that what seems little in our eyes is never insignificant when surrendered to Him. He often begins His work not with what appears impressive, but with what is simply offered in faith.

At the start of this new month, may our hearts be willing, open, and surrendered. May this question stay with us not just as a thought, but as a quiet call to faith.

What is in your hands?

And more importantly, will you place it in God’s hands?

We’d love to keep the conversation going beyond the newsletter. Follow the church’s social media platforms for updates, uplifting content, and glimpses into our activities throughout the month. Your engagement helps us grow and reach more souls – so don’t just read along, connect with us!

 @cocegbeda  @cocegbeda  The Church of Christ, Egbeda

Join us for Sunday (9AM-12PM), Thursday (7PM), and Friday (6PM) services and be part of our worship and fellowship.

 11/12, Mufutau Adeyemi street, Egbeda, Lagos.



Join Our Sunday Worship!
Scan to watch live, 9 AM-12 PM.